



EQUIPMENT LIST FOR BACKPACKING

☺ If there is a “P” after the item, this is an item that you only need one of between you and your partner. It is best to distribute the weight between you & your partner on these items.

☺ If there is a “C” after the item, this is an item that is for comfort or not necessity, try and not bring these items on difficult or long trips.

☺ **If there is an “M” after the item, this is a must on any backpack trip**

- Poncho (M)**
- Drinking water (M)**
- Food (M)**
- First-aid kit (M)**
- Pocket knife (Leatherman) (M)**
- Matches/lighter (in waterproof container) (M)**
- Map of area (location to be determined after weather/snow level checks) (C)
- Compass (everyone should have at least one)
- Headlamp or flashlight (having one with redlight option is best for night hike) (M)**
- Sunglasses (with retaining strap) (M)**
- Duct Tape (C)
- Quick-drying pants/shorts (No cotton, convertible pants best) (M)**
- Short-sleeved shirt (synthetic) (M)**
- Long-sleeved shirt (synthetic) (M)**
- Warm pants (fleece or wool) (M)**
- Fleece Jacket (M)**
- Wicking long underwear (top/bottoms) (C)
- Regular underwear (only if your mom wants you to!)
- Winter jacket or layers enough for 25 degrees (M)**
- Fleece or wool gloves/mittens (C)
- Waterproof gloves/over mitts (C)
- Bandana (C)
- Rain Parka (waterproof jacket) (M)**

- Warm hat (fleece or wool) (C)
- Hiking socks (M)**
- Hiking boots (NO TENNIS SHOES FOR ACTUAL HIKE) (M)**
- Backpack (M)**
- Day/summit pack (C)

- Pack cover (C)
- Tent, tarp or bivy sack (P)
- Rain fly (P)
- Tent stakes (P)
- Footprints (C)
- Tent broom (don't you dare!)
- Sleeping bag (in waterproof stuff sack) (M)**
- Gaiters (C)
- Sleeping pad (Thermarest) (C)
- Sit pad or sleeping pad chair kit (C)
- Extra nylon stuff sacks (C)
- Food (adequate supply for your trip) (P)
- Stove and fuel (P)
- Funnel (C)
- _____
- Cook set, dishes (P)
- Cooking/eating utensils (M)**
- Drinking cup (M)**
- Pot grabber or cooking glove (C)
- Biodegradable soap (C)
- Pot scrubber/dish towel (C)
- Plastic garbage bag (M)**
- Re sealable plastic bags (C)
- Water purifier (P)
- Water-purification tablets (option to filter)
- Water bottle (M)**
- Collapsible water container (C)
- Lip balm (with sun protection) (M)**
- Insect repellent (M)**
- Sunscreen (M)**
- Toilet paper (M) unless you prefer moss**
- Toothbrush and toothpaste (M)**
- Small bath towel (C)
- Brush/comb (C) unless you are bald.
- Other personal toiletry items
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- _____
- _____